



2025 Loper Twilight

Saturday, May 10

TENTATIVE SCHEDULE

Field Events – Throws

2:00 pm	Discus – Invite Women → Open Women → Invite Men → Open Men
2:00 pm	Hammer – Invite Men → Open Men → Invite Women → Open Women
3:00 pm	Javelin – Invite Men → Open Men → Invite Women → Open Women
~6:30 pm	Shot Put – Invite Men → Open Men (following men's disc)
~6:30 pm	Shot Put – Invite Women → Open Women (following women's hammer)

Field Events - Jumps

3:00 pm	Long Jump – Women followed by Men
4:00 pm	Pole Vault – Women followed by Men
5:00 pm	High Jump – Women followed by Men
~6:00 pm	Triple Jump – Women followed by Men
	<i>Women's TJ to follow Men's LJ</i>

Track Events (Women followed by men, fast-to-slow heats)

5:00 pm	4 x 100 Meter Relay
5:20 pm	100/110 Meter Hurdles
5:40 pm	400 Meter Dash
6:00 pm	100 Meter Dash
6:20 pm	400 Meter Hurdles
6:40 pm	200 Meter Dash
7:00 pm	800 Meter Run
7:20 pm	3000 Meter Steeplechase
7:50 pm	1500 Meter Run
8:45 pm	5000 Meter Run
9:00 pm	4x400 Meter Relay

**Hosted by the
University of Nebraska at Kearney**