



2025 Loper Twilight **Saturday, May 10** **FINAL SCHEDULE**

Field Events – Throws

The start times for the shot put are estimates based on current field sizes.

2:00 pm	Discus – Invite Women → Open Women → Invite Men → Open Men
2:00 pm	Hammer – Invite Men → Open Men → Invite Women → Open Women
3:00 pm	Javelin – Men → Women
~6:00 pm	Shot Put – Invite Men → Open Men (following men's disc)
~6:30 pm	Shot Put – Women (following women's hammer)

Field Events - Jumps

3:00 pm	Long Jump – Men followed by Women
3:00 pm	Pole Vault – Women followed by Men
4:00 pm	High Jump – Women followed by Men
6:00 pm	Triple Jump – Men followed by Women

Track Events (Women followed by men, fast-to-slow heats)

We will not run a race more than 5 minutes ahead of schedule.

5:30 pm	Women 4 x 100 Meter Relay
5:35 pm	Men 4 x 100 Meter Relay
5:50 pm	Women 100 Meter Hurdles
6:00 pm	Men 110 Meter Hurdles
6:10 pm	Women 400 Meter Dash
6:15 pm	Men 400 Meter Dash
6:30 pm	Women 100 Meter Dash
6:35 pm	Men 100 Meter Dash
6:50 pm	Women 400 Meter Hurdles
7:00 pm	Men 400 Meter Hurdles
7:10 pm	Women 200 Meter Dash
7:15 pm	Men 200 Meter Dash
7:35 pm	Men 3000 Meter Steeplechase
7:55 pm	Women 800 Meter Run
8:00 pm	Men 800 Meter Run
8:15 pm	Men 4x400 Meter Relay

Hosted by the
University of Nebraska at Kearney