



## 2024 Loper Invitational

**Friday, April 19**

**FINAL SCHEDULE**

### Field Events - Throws

*Shot put will begin following disc/hammer. The time listed is an estimate.*

11:00 am	Hammer – Open Men → Invite Men → Open Women → Invite Women
11:00 am	Discus – Open Women → Invite Women → Open Men → Invite Men
12:00 pm	Javelin – Open Women → Invite Women → Open Men → Invite Men
~4:00 pm	Shot Put – Open Women → Invite Women (west ring, following women's hammer)
~4:00 pm	Shot Put – Open Men → Invite Men (east ring, following men's discus)

### Field Events - Jumps

1:00 pm	Pole Vault – Women followed by Men
1:00 pm	Long Jump – Men followed by Women
2:30 pm	High Jump – Women followed by Men
4:00 pm	Triple Jump – Men followed by Women

### Track Events (Women followed by men, fast-to-slow heats)

*Note: Running events will not start more than 5 minutes ahead of schedule.*

2:00 pm	Women 4 x 100 Meter Relay (1 heat)
2:05 pm	Men 4 x 100 Meter Relay (1)
2:15 pm	Women 3000 Meter Steeplechase (1)
2:35 pm	Men 3000 Meter Steeplechase (1)
2:55 pm	Women 100 Meter Hurdles (1)
3:05 pm	Men 110 Meter Hurdles (2)
3:15 pm	Women 400 Meter Dash (4)
3:30 pm	Men 400 Meter Dash (4)
3:45 pm	Women 100 Meter Dash (2)
3:50 pm	Men 100 Meter Dash (4)
4:10 pm	Women 800 Meter Run (3)
4:25 pm	Men 800 Meter Run (4)
4:45 pm	Women 400 Meter Hurdles (2)
5:05 pm	Men 400 Meter Hurdles (2)
5:15 pm	Women 200 Meter Dash (2)
5:25 pm	Men 200 Meter Dash (4)
5:40 pm	Women 1500 Meter Run (2)
5:55 pm	Men 1500 Meter Run (3)
	<del>Women 4 x 400 Meter Relay</del>
	<del>Men 4 x 400 Meter Relay</del>
6:20 pm	Women 5000 Meter Run
6:40 pm	Men 5000 Meter Run
7:00 pm	End of Meet

**Hosted by the  
University of Nebraska at Kearney**